

## INTERNATIONAL SCHOOL MONZA

SPRING / SUMMER MENU' PRIMARY-MIDDLE SCHOOL MONZA from 01/04/2019

	1° Week	2° Week	3° Week	4° Week
Monday	Pasta with tomato sauce Chicken nuggets* Carrots and sweet corn salad Fruit mousse	Trofie with pesto and tomato sauce Roasted chicken Mixed salad Organic yogurt	<b>ETHNIC MENU'</b> Kebab with bread* Potatoes* Ice cream*	Pasta with cream, ham and peas* Mozzarella cheese Julienne carrots Seasonal fruit
Tuesday	Semolina dumplings Meatloaf Green beans* Seasonal fruit	Pasta with ricotta cheese and tomato sauce Ham and melon Green beans* Seasonal fruit	Pasta salad Hard-boiled eggs Stewed vegetables Seasonal fruit	<b>ETHNIC MENU'</b> Basmati rice Chicken with curry sauce Stewed bell peppers Ice cream*
Wednesday	Pizza Ham Mixed salad Organic yogurt	Pasta with pesto sauce Caprese (mozzarella cheese and tomatoes) Seasonal fruit	Spinach and ricotta cheese ravioli Pork escalope with lemon sauce Chards* Organic yogurt	Spelt salad with vegetables Omelette with cheese Potatoes salad Seasonal fruit
Thursday	<b>ETHNIC MENU'</b> Spatzles with smoked ham sauce* Sausage Potatoes* Seasonal fruit	<b>ETHNIC MENU'</b> Chicken with almond and thai rice Spring roll* Lemon pie	Lasagne bolognese style* Parmesan cheese Carrots* Seasonal fruit	Pasta amatriciana style (tomato and bacon) Breaded chicken cutlet Courgettes cooked in oil with parsley and garlic Organic yogurt
Friday	Rice salad with vegetables Sticks of baked codfish* Tomatoes Pudding	Risotto with saffron Quinoa burger* Aubergine with tomato sauce Fruit mousse	Pasta with courgettes and shrimps* Fish nuggets* Tomatoes Seasonal fruit	Risotto with seafood* Crispy baked codfish fillet* Chards* Seasonal fruit

